THE PORT CITY











July 2024

RI President

BULLETIN OF RC VISAKHA PORT CITY

Dist. Governor Rtn. Stephanie A. Urchick Rtn. Dr. M. Venkateswara Rao President

Issue - I

Rtn. PHF. K. Venkata Ramana Rtn. Kailash Agarwal

Board of Directors

Rtn. R. Ramakrishna Rao

Rtn. K. Srinivasa Reddy

Rtn. S. Suryanarayana Raju (Chitti Raju)

Rtn. Anik Kumar Vijay

Rtn. Usha Priya Kodali

Rtn. P.A. Satish Kumar

Rtn. K. Madhuri

Rtn. A. Narasimha Raju

Rtn. B. Sivaji

Rtn. Dr. L. Chandra Sekhar Rtn. Lade Kishore Kumar

Rtn. Harsh Baid

Rtn. S.A. Rama Mohan

Rtn. Mayank Khatri

Rtn. I. Bhaskar Rao

Rtn. N.S.N. Raju

Rtn. PP. U.S. Sarma

Rtn. Ch. Lakshminarayana

Rtn. PP. Indira Vadlamani

Rtn. PP. A. Kasi Visweswara Rao

Rtn. PP. G.S. Raju

Rtn. PP. Kamal Baid

Rtn. PP. K.V. Srinivasa Rao

Rtn. PP. Muralidharan Pillai

Cell: 9848132873

Rtn. Ch. Lakshmi Narayana

Cell: 9550811945

AN IDEAL LEADER

A leader must possess enthusiasm, dynamism, dedication and have a lofty vision. A leader must be a motivator, must listen with a cool and collected mind before taking any action. Leaders possess numerous powers, but this should not make them adamant and flexible. They should have the humility to listen and accept other opinions whenever appropriate. A good chief can handle both substantial as well as insignificant issues, the obvious and the hidden ones. Leader must be above prejudices. Leaders must remain in control of the ego and make use of it, without letting it rule their decisions. Honesty in thoughts, words and deeds is possible only when the mind co-operates with our intellectual decisions.

Our President Rtn KV Ramana, with all the good qualities in his possession, his meritorious service in Indian Army, compassion to serve the community and commitment to Rotary values will certainly taste the sweetness of success while leading the Club to greater heights with magical effect!

Our good wishes to the President and his team for a glorious year ahead!

- Editor



Installation of Rtn. K.V. Ramana as President and Rtn. Kailash Agarwal as Secretary by Dr. M. Venkateswara Rao District Governor on 13th July



From the President's Desk

I'm delighted to share with you my Rotary journey as a Rotarian. It's a great honour for me to serve as the 29th Presi-

dent of this vibrant club, Rotary Club Visakha Port City! The task ahead is massive but with an energized, fully equipped board and motivated members, I'm sure, we will have a successful Rotary Year 2024-25.

I sincerely thank all the fellow Rotarians for trusting and giving me this opportunity to serve the club. My Rotary journey started in the year 2020, not as one looking to serve, but as one aspiring to grow my career. But I learnt and inspired that service and

professional or business development go hand-inhand in Rotary.

I have served as Surgeant-at-Arms and Treasurer. I assure, as a team, we will keep up the expectations of our club as well as the Rotary District 3020.

Our focus this year is on building bondage, fellowship and friendship beside good service projects. I value your advice, support, guidance and co-operation in this direction.

Your's in Rotary

Rtn. K.V. Ramana

President.

Meetings and Services



1st July Worshipping at Lakshmi Ganapathi Temple, NH-5, Akkayyapalem



4th July 60th Wedding Anniverasary Celebrations of PP Rtn. Kamal Baid. Prayers and Best wishes for their good health and happiness in the years ahead.

MEETING AND SERVICE PROGRAMMS







OUOTABLE OUOTES To lead people, walk behind them - LAOTZU 152 participants. MATERNAL AND CHILD **HEALTH MONTH**

Ramana as President and Rtn. Kailash Agarwal as Secretary along with board of Directors was conducted in a festive atmosphere invoking the blessings of Lord Vinayaka with prayers by Rtn Ch Lakshmi Narayana and classical dance performance by Kumari Ch Pranalika in the august presence of District Governor Dr M Venkateswara Rao, PDG Ravi Vadlamani, Assistant Governor Rtn A. Sri Dharma Sai, fellow Rotarians, their families, friends and other invitees. The audience were excited by the inspirational speech of DG Dr.M. Venkateswara Rao and PDG Ravi Vadlamani with powerful presentation! Rotarians PP GS Raju, PP Kamal Baid, PP Indira Vadlamani, PP US Sarma, IPP Ramakrishna Rao, IPS NSN Raju and Rtn I. Bhaskara Rao have announced donations of \$ 100 each to Rotary Foundation for this Rotary Year. The colourful ceremony has come to a close with National Anthem followed by sumptuous dinner for

13th July Installation ceremony of Rtn. KV

HEALTH CAPSULE

BEETROOT JUICE

Beetroot juice is rich in nitrates, which helps widen blood vessels and enhance blood flow, reducing blood pressure. You can include one glass of beetroot juice to your diet daily in order to manage your heart health.





With best compliments from



ROTARY DIAGNOSTIC CENTRE

Project of: Rotary Club Visakha Port City

owest Cost in The

#8-3-14, Opp. Visakha Eye Hospital, Pedawaltair, Visakhapatnam-530017. Ph: 0891-2710099, 8019174341 e-mail: rcvpcdiagnosticcentre@gmail.com



July Photo Gallery



1st **July** Wedding Anniversary Celebration of Rtn. P.A.U. Maheswara Rao



1st July In attendance for Installation ceremony of District Governor at Vizianagaram.



3rd July New Board Orientation Program at Rotary Grandeur



9th July Floral Tributes to our beloved leader late PDG Ch. Suraya Rao garu on his Birth Anniversary



20th July Pooja before Providing Refreshments and medical Assistance to Devotees of SIMHAGIRI PRADAKSHIN



Maternity Ward, KGH on Birth

Annivesary of late PDG Ch. Surva

23rd July Felicitation to our Charter Member Rtn. K. srinivasa Reddy



26th July President Rtn. K.V. Ramana and Ann Rtn. K. Madhuri being felicitated on Kargil Vijay Diwas

Birthdays - August 2024

Ramana L.V.	01 st	99898 94823
Kishore Kumar Lade	05 th	98490 12444
Bhaskara Rao M.	12 th	94904 17808
Tata Bhargav Maharshi	15^{th}	70137 01276
Gadireddy Rajesh	15^{th}	95502 92838
PDG. Viswanadh G.	20 th	98481 93203

Wedding Anniversaries - August 2024

Raju G.S.	01 st	98481 88778
Satyanarayana M.V.V.	08th	93481 11545
Venkata Abhiram K.	09^{th}	89195 86741
Dr. Vishnu Vardhan	10^{th}	90525 86637
Reddy SRK	14 th	98666 36279
Suresh Babu M.	16^{th}	98663 83569
Srinivasa Rao K.V.	21 st	98480 12561
Dr. Ramavath Dev		9873742322
Dr. D.S.K. Sahitya	26 th	9873742322
Dr. Sivaram G.	31 st	83329 13127

Blood Centre Report - July 2024

No. of Camps Conducted - 12 No. of Units Collected - 1081 No. of Units Issued - 2298



9th July Blood Donation camp at Rotary Grandeur on Birth Anniversary of late PDG Ch. Surya Rao



4th July Blood Donation camp at Kshatriya Youth, Seethammadhara on the occasion of Alluri Seetharamaraju Jayanthi

With best compliments from



ROTARY BLOOD CENTRE

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Project of : Rotary Club Visakha Port City

Licencee : Visakha Port City Rotary Charitable Trust



1 PINT can save 3 LIVES